

# HEART MIND N SOUL

Country Rythm Dancers

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**Category:** Line-Beginner/Intermediate

**Counts:** 32-4 walls

**Choreographer:** Denis Henley

**Music:** Heart mind n soul-Billy Curtis

**Intro:** 16 Counts

## **1-8 SKATE,SKATE,SHUFFLE FWD,SKATE,SKATE 1/4 TURN RIGHT,SHUFFLE FWD**

1-2 Slide right foot forward, slide left foot forward

3&4 Shuffle RLR forward

5-6 Slide left foot forward, ¼ turn right and slide right foot forward

7&8 Shuffle LRL forward

## **9-16 CHARLESTON STEPS,PIVOT 1/2 TURN LEFT,SHUFFLE FWD**

1-2 Touch right foot forward, step R beside left foot

3-4 Touch left foot back, step L beside right foot

5-6 Step R forward, pivot ½ turn left

7&8 Shuffle RLR forward

## **17-24 CHARLESTON STEPS,PIVOT 1/2 TURN RIGHT,KICK BALL CHANGE**

1-2 Touch left foot forward, step L beside right foot

3-4 Touch right foot back, step R beside left foot

5-6 Step L forward, pivot ½ turn right

7&8 Kick L forward, step L beside right foot, step R beside left foot

## **25-32 STEP,TOUCH & HEEL & TOUCH & PIVOT 1/2 TURN RIGHT,SHUFFLE FWD**

1-2 Step L forward, Touch R beside left foot

&3 Step R on place, touch left heel forward

&4 Step L beside right foot, touch R beside left foot

& step R on place

5-6 Step L forward, pivot ½ turn right

7&8 Shuffle LRL forward

**Repeat**

